

# Womenews

Women's Center of Montgomery County



## Father's Day Pledge to End Gender Violence

Domestic violence is a pervasive and life-threatening crime that affects millions of people across our nation. The first National Intimate Partner and Sexual Violence Survey in 2012 found that more than 1 in 3 women and more than 1 in 4 men in the United States have experienced rape, physical violence or stalking by an intimate partner during their lifetime. Among states, Pennsylvania ranked 15th in the U.S. in terms of violence against women, and ranked 25th in violence against men.

Domestic and sexual violence affect us all – either directly or through people we know.

Men, in their role as fathers, uncles, brothers, mentors, and role models, have many opportunities to end domestic and sexual violence.

On Father's Day, a day for hailing both the mundane and the extraordinary things that fathers do every single day, celebrate by taking a stand. Celebrate fatherhood by standing up for what is right.

Fathers: be the role models your kids deserve. Break the silence—speak out. If you see violence in your community, your place of worship, your workplace: call it out. Take the Father's Day pledge against violence. Say NO MORE to men's violence against women and children.

### I WILL WORK TO END GENDER VIOLENCE AND PLEDGE TO:

- Not use violence of any form in my relationships
- Speak up if another man is abusing his partner or is disrespectful or abusive to women and girls. I will not remain silent.
- Be an ally to women who are working to end all forms of gender violence.
- Mentor and teach boys about how to be men in ways that don't involve degrading or abusing girls and women. I will lead by example.

**To sign the pledge, go to [www.PASaysNoMore.com](http://www.PASaysNoMore.com)**



**LEGISLATIVE UPDATE ON HOUSE BILL 1051  
TENANTS' RIGHTS IN CASES OF  
DOMESTIC VIOLENCE, SEXUAL ASSAULT OR STALKING**  
*(modified from a document prepared by Abigail Hurst, Policy Specialist, PCADV)*

On May 17, 2016 the Urban Affairs Committee of the state House of Representatives passed House Bill 1051 creating important housing protections for survivors of domestic violence, sexual assault and stalking. The bill now awaits consideration from the full House of Representatives.

**BACKGROUND**

House Bill 1051, sponsored by Representative Madeleine Dean (D-Montgomery), makes safety a priority for victims and survivors of domestic violence, sexual assault and stalking who face significant obstacles to fleeing a perpetrator. Perhaps the most critical factor in enabling survivors of domestic violence to escape further abuse is the ability to obtain physical separation from the abusive partner. However, a survivor who is party to an unexpired lease agreement may face overwhelming challenges to safety. For example, under Pennsylvania landlord-tenant law, victims would be liable for rent if they flee the premises. This would have a significant impact on a victim's financial stability.

**SUMMARY OF HOUSE BILL 1051**

**PCADV POSITION: *In Support***

There are different eligibility criteria to be met, depending on the names on the Lease:

**1) Tenant / Victim is sole name on the Lease:**

House Bill 1051 would allow a tenant to end a lease if he or she has a reasonable fear that remaining in the home would pose a risk of continued abuse. A tenant would need to provide written notice and verification of the abuse that may include forms of documentation such as police reports, medical records, or a statement from a domestic violence advocate.

If a tenant is in danger, House Bill 1051 would also allow a victim to change the locks on the property immediately at the tenant's expense. Extending the right for victims to change their own locks would help keep victims safer in their current homes, reducing the need for emergency or transitional housing assistance.

**2) Perpetrator's name is also on the Lease:**

If a perpetrator is a party to the Lease, the locks or other security devices may not be changed or rekeyed under subsection (A) unless there is a court order, other than an ex parte order, expressly requiring the perpetrator to vacate the dwelling unit or prohibiting the perpetrator from having any contact with the tenant or an immediate family member and a copy of the order has been provided to the landlord.

House Bill 1051 also expressly prohibits landlords from discriminating against victims of domestic violence, dating violence, sexual assault and stalking as a result of their victimization.

Click here to [read the bill as amended](#) in House Urban Affairs Committee.

## Board of Directors and Annual Meeting Announcement

The next meeting of the Women's Center of Montgomery County Board of Directors – which is also the annual membership meeting - will be held on **Thursday, June 23rd at 6:30 pm** in the Community Room at the Elkins Park office. As with all Board meetings, this meeting is open to current members of the Center. Additionally current members can also join most of our Board committees. If you have an interest on serving on our standing committees – Finance, Special Events, Planning, Governance or Development – please contact our Board President Sandy Capps c/o the Elkins Park office.

The annual membership meeting is also the meeting in which we announce the results of our Board elections which includes a slate of new and incumbent members. In order to ensure that our Board operates at its most effective levels, we continue the search through the year for prospective nominees for Board candidacy. If you or someone you know would consider serving our Center at this level, please feel free to discuss with a Committee member or our executive director at our Elkins Park Office (215-635-7340). We are at present seeking persons with expertise/interest in the areas of finance, development, market and/or strategic planning, as well as connections to local corporations.

Please remember this is YOUR board and its composition and service reflects your interests and concerns. Your input is of great value to those of us currently on Board. We appreciate and honor each of you for all that you do. We look forward to hearing from you!

---

*As the 2016 baseball season begins, we wanted to share this article from **Think Progress** that reflects on the impact of the reforms implemented to address domestic violence in the Major League.*

### **The Problem With Focusing On Major League Baseball's First Domestic Violence Punishment**

BY KILEY KROH  MAR 4, 2016 10:32 AM

Major League Baseball was widely praised this week after handing down its first official punishment under a sweeping new domestic violence policy that promises to take a different approach to crimes committed against women. But as sports leagues increasingly feel the pressure to make a meaningful difference on this complex set of issues, focusing on the punishment doesn't capture the full picture.

Just a few months after baseball's new policy was finalized last year, it faced its first major test as three players were placed under investigation for domestic violence. Outside observers wondered whether the league's next actions would live up to its stated commitment to take domestic violence seriously.

From the outside, things appear to be on the right track. Last week, Commissioner Rob Manfred announced he was placing Colorado Rockies shortstop Jose Reyes on paid leave while he awaits trial for domestic abuse. And on Tuesday, the league suspended New York Yankees closer Aroldis Chapman for 30 games without pay for his involvement in a domestic dispute last October.

Charges weren't pressed in Chapman's case, though his girlfriend told police he "choked" her and she hid in the bushes while he fired eight rounds from a handgun in their garage. Chapman repeatedly maintained his innocence and vowed publicly to appeal any suspension, but both he and the MLB Player's Association, the sport's union, accepted Manfred's decision.

Speaking to the media on Wednesday, Chapman emphasized that he was only apologizing for his actions with the firearm: "I want this to be clear — I'm apologizing because the use of the gun. It was bad judgment on my part. But I also want to say that I never hurt my girlfriend... I'm taking this punishment because of my bad judgment. [It's] something that I definitely want to put behind me and move on."

#### ***What else are you doing aside from punishing?***

The reaction to the punishment has been largely positive — clearly, avoiding a drawn-out appeals process while simultaneously sending the message that, regardless of the justice system, MLB is no longer turning a blind eye to this sort of conduct is a good first step — but it's been focused on just that: the punishment.

## **Women's Center of Montgomery County Board of Directors Nominating News:**

The following individuals have been nominated by the Board of Directors as **proposed new Board members**. The slate of candidates has been distributed to active/voting members of the Women's Center, with ballots due back by the annual membership meeting scheduled for Thursday June 23<sup>rd</sup> in Elkins Park.

In addition to the bios provided for new and incumbent candidates, this year, prospective new candidates were asked to answer two questions to help our members evaluate their candidacy:

**What do you see as the top two responsibilities of the WCMC Board of Directors?  
What expertise, resources, etc. do you personally bring to the Board?**

### **Proposed New Board Candidates**

#### **Theresa Hummel-Krallinger:**

Theresa is a well-respected senior training professional and performance consultant, but it is her work as a humorist and motivational speaker that sets her apart. Known for her lively and interactive presentation style, she is a frequently requested speaker on topics of employee morale, professional development, performance improvement and workplace communications. Her experience as a professional stand-up comedian enables her to add fun and humor to her consulting and training work.

No stranger to the corporate world, Theresa brings over 25 years practical business experience. She has held executive leadership roles in both the financial services and pharmaceutical industries.

She is highly regarded for her ability to help organizations put in place meaningful performance enhancement processes that improve employee engagement and achieve financial results.

She graduated from the prestigious leadership development organization, Women Unlimited in New York City, where she has served as a mentor to rising female leaders. With certifications in Human Resource Management, Behavior Styles training/coaching, Instructional Design, Adult Learning, and Technical Writing, Theresa has a broad array of business tools and educational experience from which to draw. She is on the non-credit faculty at Temple University, where her popular course, "What's Your Point?" is a key requirement for their Project Management and Leadership certificate programs.

Theresa is the Past President of the Greater Philadelphia Chapter of ASTD (American Society for Training & Development) and is the Past President for a local club of Toastmasters International. She was appointed to serve as a member of National Advisors for Chapters in ASTD. She has been published in several professional journals and is writing a book. She has been a featured speaker at numerous regional and international conferences for ASTD, SHRM (Society for Human Resource Management), DIA (Drug Information Association), Training Directors Forum and others.

**What do you see as the top two responsibilities of the WCMC Board of Directors?** From my humble seat on the bus, I believe the two biggest responsibilities are to: (1) Partner with organization leadership to insure the funding, trained staff, tools, and resources to support all victims of domestic violence in Montgomery County that reach out to us. (2) Build a strong, recognizable brand and reputation for making a real and valuable difference in the community and in the lives of those who come to the organization for help.

**What expertise, resources, etc. do you personally bring to the Board?** I would like to focus on building our brand and recruiting a following on social media with Facebook, Twitter, and LinkedIn. I am well-versed in the use of social media to build business, build branding, and grow a supportive online community. I am also well-versed in the use of technology for event management (Eventbrite), online group management (Facebook, LinkedIn, Google Groups, etc.), live event broadcasting (Periscope, Facebook), education delivery/webinars. I also have leadership experience with non-profit groups (president of Blue Bell Toastmasters, president of Philadelphia ASTD, National Advisor for Chapters ASTD.) Professionally I serve as a workplace consultant on matters of organizational culture, leadership development, team building, interpersonal communications, change management, conflict management, and strategy facilitation.

*continued on Page 5*

**Daniel Sean Kaye:**

Daniel Sean Kaye, 48, is currently the Director of Life Enrichment for Rydal Park, a continuing care retirement community in Abington Township. Prior to coming to this position, he was an award-winning writer and editor, overseeing such magazines as Parents Express, the Art of Living Well, and multiple regional versions of House & Home magazine.

Daniel is an Abington School Board Director in his second term and has served (or is currently serving) on the boards of Katie’s Foundation for Child Safety, Citizens and Police Together, the Abington Educational Foundation, Abington Community Task-force, Montgomery County Intermediate Unit, and Jenkintown Rotary. He still writes monthly for several magazines, has a comic strip in GRID magazine, and is the author/illustrator of the children’s book “Never Underestimate a Hermit Crab” and its forthcoming sequel. He and his wife, Wendy, and their son, Aidan, live in Abington

**What do you see as the top two responsibilities of the WCMC Board of Directors?** I think board members need to play an active role in crafting a group’s message (based on input from all levels of staff) and then actively advocate for that message. Yes, they need to determine policy and objectives, oversee budgets, and monitor the organization’s performance. But maybe more than that, they need to support and cheerlead for the work being done. In all the groups of which I have been part, an effective board believes deeply in the organization, willingly and effectively building bridges with diverse communities and individuals. Part P.R., part shepherd, the best board members say “yes” and then back it up with knowhow, encouragement, and direction.

**What expertise, resources, etc. do you personally bring to the Board?** I have done quite a bit of writing, editing, marketing, and public relations over the years. This includes a lot of social media, events, networking, and “friend” building. As an elected official, I have been very fortunate to meet some amazing people – both elected and otherwise – who are incredibly adept at helping to grow nonprofits. I love creativity and thinking differently, which is necessary in today’s nonprofit world. But I also enjoy listening to those who have come before, learning what they believe worked best and finding out ways to make the less-successful endeavors have new life.

**Patricia Metzger:**

Patricia Metzger is the founder of Lorian LLC, whose mission is to assist individuals in opening their minds and their hearts so that they may receive all the possibilities and find their passion, so they may be able to say that they are truly “Loving Life”. Each of us approaches life differently and finds peace; joy and love differently. Some examples are through exercise; yoga; meditation; volunteering; cooking; and entertaining. Pat’s hope is that she can help others find what they “love” to do so that they can also experience life and love more fully.

Pat is currently undergoing certification to become a Law of Attraction Life Coach. Through this training, it is her intention to guide individuals through their issues to help find clarity through contrast, peace from their struggle, and love from their opening themselves to more possibilities than they ever dreamed possible.

She is also dedicated to finding the path to help empower women to become independent through both financial training and coaching for emotional and spiritual stability. Pat enjoys volunteering with the Women’s Center to seek new avenues for reaching this passion!

Pat would love to join the Board of Directors because she feels our missions are aligned.

**What do you see as the top two responsibilities of the WCMC Board of Directors?** I feel the responsibilities of the board should be to investigate as many processes as possible to bring multiple avenues to empower and enrich the women it is serving and to advocate on their behalf. Technology is moving so quickly and I believe we need to keep these women current through education and opportunities for them to communicate back to us with their concerns.

**What expertise, resources, etc. do you personally bring to the Board?**

I have worked in the corporate world as a manager/director for many years and feel my expertise in this area could help create a program to enrich these women’s lives.

*continued on Page 6*

**Dov Weiner:**

Dov has been self-employed since 1980. During the 90's she helped run a family manufacturing company. The company made aptitude tests – called hand dexterity boards - for the Dept. of Labor. When that company was eventually sold, she and her husband together founded a new company – Aaron Weiner Construction based in Jenkintown.

Dov has been a WCMC volunteer since 2006. As a direct service counselor/advocate she does regularly weekly at-home and in-office hotline shifts. She also provides court accompaniment in preliminary hearings at district court. Dov also participates in our community education and outreach efforts, assisting with information tabling events when possible.

Since 2015, in addition to her direct service volunteerism, Dov has been Co-chair of the WCMC 5K Run/3K Walk Special Event Committee.

As Dov says, “Being involved at the Women’s Center of Montgomery County has been a big part of my life. I love the people and the ideals of the Center.”

**What do you see as the top two responsibilities of the WCMC Board of Directors?** Board members should inspire volunteers, etc. Also, they should have the financial responsibility of raising money. We should raise the membership fee to build our reserves.

**What expertise, resources, etc. do you personally bring to the Board?** I bring fiduciary and finance skills, and a passion for the Center, to the Board.

**Incumbent Board Members  
Running for Re-election**

**Carol Chwal** - Carol Chwal is the Nurse Director and Service Line Administrator for Women’s and Children’s Services at Abington Memorial Hospital. She is a master’s prepared professional in both nursing and business administration, and is certified as a Nurse Executive through the American Nurse Credentialing Center. Areas of responsibility include: Labor & Delivery, Mother Baby Unit, Special Care Nursery, Pediatrics, Maternal Fetal Medicine, Prenatal Testing, OB/GYN Center and a variety of clinics. In her role she creates and implements the strategic plan and growth initiatives for Women’s and Children’s Services. Carol has over 20 years of experience in nursing and has held a variety of staff and management positions. She is a member of Sigma Theta Tau, the American Organization of Nurse Executives and is actively serving on the board of the Southeastern Pennsylvania Organization of Nurse Leaders, as their Treasurer.

*Seeking re-election to her second term*

**Sandy Hyman** – Survivor, single parent. With a degree in accounting, Sandy currently works as a realtor and is a member of the Willow Grove Chamber of Commerce, and Hadassah; in the past she has been a spokeswoman for WCMC; currently resides in Newtown. Sandy previously served on the WCMC Board from 2001 until 2007. Rejoined Board April 2012, served as Treasurer from June 2012 through the present.

*Seeking re-election to her third term*

**Beth Rubin** - Beth is a retired teacher and ESL Coordinator with the Philadelphia school system for over 32 years. Prior to that, she taught English in Israel. She is a graduate of American University, Vermont College of Norwich, and Ben Gurion University of Negev. Beth has been a volunteer counselor advocate and community educator with the Center since 1998, and is a resident of Elkins Park. Beth is mother to three adult daughters. Served on Board July 1, 2007 through June 30, 2013. Rejoined Board July 1, 2014.

*Seeking re-election to her second term*

**Amy Stern** - Amy is a family law attorney and partner in the esteemed law firm of Rubin, Glickman, Steinberg & Gifford in Lansdale. A graduate of Temple Law School, Amy is a member of the Pennsylvania and Montgomery Bar Associations, and has practiced family law for over 18 years. She is also a trained family law mediator. Amy has served on the North Penn and Eastern Montgomery County Red Cross Boards of Directors, and is currently a community ambassador for ALS. She resides in Maple Glen with her husband and 2 children.

*Appointed to Board September 2012*

Establishing a meaningful, systemic approach to both addressing and preventing crimes like domestic violence and sexual assault can't be measured in games missed or dollars lost, said Rachel Smith Fals, vice president of Futures Without Violence, a well-established domestic violence awareness organization that advised MLB and the union last year.

Fals received numerous requests to comment on the suspension and whether it was fair. And while she acknowledged that the number of games does send a message, she wanted to see the conversation around MLB's response turn to a broader set of questions: "What else are you doing aside from punishing?" she said. "Where does the program stand in terms of education the players are getting; with respect to outreach to victims and their families, what are the services and support that are being put into place for those who abuse but also those who are victimized?"

Officials within baseball were clear last year that their focus was long-term — they intended to work in concert with the union and outside experts to not only establish a transparent procedure for punishing and treating players, but also to change the entire culture toward violence against women and children throughout the sport. And, advocates emphasize, the second part is critical to achieving any sort of appreciable progress on these issues.

***"You're not going to change the culture in 60 to 90 minutes, once a year," Fals said.***

Paul Mifsud, MLB's deputy general counsel for labor relations, said the league is well aware of the challenge and commitment required. "It doesn't happen overnight," he said. "You have to build programs around it and then you have to convince the stakeholder that it's the right thing to do. It's a process and we're doing pretty well in that process."

This year every major league club will once again participate in informational sessions, hosted by the Players Association, during Spring Training. "The purpose of each meeting is to continue to help inform the players about the issue of domestic violence, discuss the sport's new policy, the resources available to players and their significant others, discuss ways players can help others (as bystanders) they think might be subjected to DV as well as using their voices as celebrities to help raise awareness of an issue that, unfortunately, is a societal issue and knows no boundaries," Greg Bouris, communications director for the union, said via email.

Bouris added that the union is "committed to these efforts," while at the same time, it remains "committed to protecting and ensuring the rights granted to players under the applicable provisions of the new policy."

Negotiating the policy with the union is an important strength, Fals noted — and a key distinction between MLB and the NFL — because it allows the league to move forward with its own punishment outside of whatever legal processes the player may face. (In the case of Reyes, Manfred cited a provision in the policy that allows the Commissioner to suspend a player with pay until the resolution of criminal or legal proceedings if allowing them to play "would result in substantial and irreparable harm" to either the club or the league.)

Beyond punishment, the policy also contains specific steps for treatment and intervention once the league becomes aware of a credible allegation against a player. While the confidentiality provisions in the policy preclude the league or the union from discussing the specifics of this process as it pertains to Chapman or Reyes, Mifsud said MLB has taken care to keep the disciplinary and treatment-based aspects separate: "You want to encourage the player to be forthright and get treatment without the threat of penalty and we actually have done that."

Looking forward, Mifsud said the hope is to implement a series of education and awareness programs that would continue through the season and in the offseason. To help facilitate that, the league hired Ricardhy Grandoit, who formerly oversaw the gender-based violence prevention program at Northeastern University's Center for the Study of Sport in Society, to serve as its first social responsibility specialist. In his new role, Grandoit is working with individual clubs, minor league players, front office personnel, and the commissioner's office to help develop and institutionalize violence prevention programs.

Other support services established by the policy include a 24-hour hotline for major and minor league players, in English and Spanish, staffed by professionals, and local resources made available to spouses and families. And Mifsud said they're even working on building further support into an app for players' phones.

There's certainly still work to be done, however. Fals said she'd like to see "a real independent investigation, an outside investigator doing their job and bringing you the evidence for both parties involved," rather than the in-house investigators MLB is using to examine cases now. And one only need look as far as recent comments made by Washington Nationals manager Dusty Baker and Boston Red Sox designated hitter David Ortiz defending the players accused of domestic violence — and in Baker's case, blaming the victim — to realize what a challenge cultural change will be.

But Fals said she's encouraged by what she's seen so far. "Based on our relationship and conversations with them, I do feel like they're honoring the spirit of the policy with respect to getting experts in house and really approaching it in a very thoughtful way, and I mean that for both sides, so I'm glad to see that," she said.

# Address Confidentiality Program

The Address Confidentiality Program (ACP) helps victims of domestic violence, sexual assault or stalking keep their new home address safe from their perpetrator after they have left an abusive or dangerous situation. ACP is not a witness protection or a relocation program. Participants are encouraged to use the program as part of a larger overall safety program.

ACP has two basic parts:

1. Provides a substitute address for victims who have moved to a new location unknown to their perpetrator
2. Provides participants with a free first-class confidential mail forwarding service.

## Government Agencies



### Human Services

If you visit a county assistance office for services such as food stamps or Temporary Assistance for Needy Families (TANF), use your ACP address.



### Education

A process to release a student's records without informing the former school district of the ACP participant's whereabouts is provided. School districts need to take care if it is necessary to contact any former school district regarding an ACP student, so this contact does not jeopardize the family's safety.



### Transportation

ACP keeps your new address secure for a vehicle registration, title certificate and applying or renewing of title a PA driver's license or a PennDOT identification card.



### Courts

If an ACP participant is a victim, witness, plaintiff or defendant involved in an ongoing civil or criminal case, after certification, notice of the ACP participant's substitute address to appropriate court officials in which an ACP participant is a victim, witness, plaintiff or defendant.



### State

Participants cannot register to vote at the Pennsylvania Department of Transportation (PennDOT) or with other state agencies. Our program works directly with the county voter registration office. Before an election, ACP participants will receive a ballot and use this ballot to vote. The participant returns the ballot to the director at the county voter registration office.



## Private Companies

### Employers

More and more employers are acknowledging and accepting the obligation to assure and provide a safe workplace environment by putting into effect domestic and workplace violence policies. Not only do employers have an obligation to respond to their own employees but also to maintain any safety and security measures within a company that offers a service to the public.



### Financial Institutions

Banks are required to accept the substitute ACP address. An ACP participant's account profile must indicate the customer's ACP substitute address, including their ACP #. All correspondence, including any potential legal correspondence, must be sent to the customer's substitute address.



### Utilities

Many companies work to protect a participant's actual address the best way they can. Utility companies may require your residential address for service. If a participant must have their name on the account, use minimal personal information required to open an account and place additional security settings on the account where possible.



[www.paacp.pa.gov](http://www.paacp.pa.gov)

312 participants are registered with ACP

232 children are registered with ACP





## Women's Center of Montgomery County

Celebrating 40 Years of Community Service in 2016

### MEMBERSHIP RENEWAL

I would like to renew my membership to the Women's Center of Montgomery County, supporting volunteer programs to empower women and the effort to end domestic violence in our community!

**MEMBERSHIP PERIOD: July 1, 2016 through June 30, 2017**

Name: \_\_\_\_\_

Address: \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

**Yes!** I want to renew my membership.

\_\_\_\_\_ Enclosed is my \$35 membership fee.

\_\_\_\_\_ I have enclosed an additional \$\_\_\_\_\_ donation.

\_\_\_\_\_ I am enclosing my \$35 membership fee plus an additional \$35 to sponsor a member who cannot afford dues this year.

*Please mail your membership renewal checks to:*

Women's Center of Montgomery County  
8080 Old York Road, Suite 200  
Elkins Park, PA 19027

**To Pay by Credit Card Pay Online at [www.wcmontco.org](http://www.wcmontco.org) or provide the following:**

Credit Card #: \_\_\_\_\_ Expiration Date: \_\_\_\_\_

**Our Mission Statement:**

The Women's Center of Montgomery County is a volunteer, community organization with a primary focus on freedom from domestic violence and other forms of abuse. Our programs, policies and procedures reflect our strong commitment to empowering women.



© 2016 Membership Studio, Inc.

# Under The Sea

**Turn the Tide  
of Domestic Violence**

**The Women's Center of Montgomery County**

## **12th Annual 5k Run/3k Walk to End Domestic Violence**

**When:**

Sunday, July 31 2016

Run/Walk starts at 9:00 a.m.

in-person registration starts at 8:00 a.m.

**Where:**

Germantown Academy - Carey Stadium

340 Morris Road, Fort Washington, PA 19034

**What:**

5k Run/3k Walk on campus

**Registration:**

\$25 per Runner or Walker

\$30 Virtual Run - Walk

online at [www.wcmontco.org](http://www.wcmontco.org)

Children under 12 Free



Women's Center of  
Montgomery County

**Start a team/register at: [www.wcmontco.org](http://www.wcmontco.org)**

THE WOMEN'S CENTER OF MONTGOMERY COUNTY  
**Under the Sea – Turn the Tide of Domestic Violence**  
**5K RUN/3K WALK**  
Benefitting Victims of Domestic Violence

SUNDAY, July 31, 2016  
RUN/WALK starts at 9:00 AM  
RAIN OR SHINE

The Carey Stadium & Athletic Field at GERMANTOWN ACADEMY  
340 Morris Road, Fort Washington PA 19034

REGISTRATION FEE: \$25.00 per runner or walker/\$30.00 Virtual Run-Walk (incl. shipping)

Event Day Registration: 8 am to 8:45 am at  
The Carey Stadium and Athletic Fields on Morris Road

We encourage you to register on line at: [www.wcmontco.org](http://www.wcmontco.org)

REGISTRATION FORM:

NAME: \_\_\_\_\_

ADDRESS: \_\_\_\_\_

CITY, STATE, ZIP CODE: \_\_\_\_\_

TELEPHONE: \_\_\_\_\_ DATE OF BIRTH: \_\_\_\_\_

EMAIL: \_\_\_\_\_

TEAM NAME (IF APPLICABLE): \_\_\_\_\_

• REGISTER AS: Runner (\$25) \_\_\_\_\_ Walker (\$25) \_\_\_\_\_

• REGISTER AS: Virtual Runner/Walker (\$30) \_\_\_\_\_

**Virtual Participants:** All you have to do is commit to run or walk – you choose the date; you choose the location. You will receive an event t-shirt and finisher medal as a thank you for your support! Your shirt and medal shipped prior to the Event Date if registration received by 7/15/16.

Enclosed is my check for \$ \_\_\_\_\_

T-shirt Size: (circle one) Small Medium Large XL XXL

• I/We cannot attend the event at this time. Please find a contribution in the amount of \$ \_\_\_\_\_ to support the event.

If paying by mail, please fill out Registration Form and return with payment payable to:  
The Women's Center of Montgomery County  
at 2506 N. Broad Street, Suite 203, Colmar, PA 18915

*For more information contact us at 215 635 7340*





## Second Chances Shoppe

201 Leedom Street,  
Jenkintown, PA 19046

215-885-0651

Monday - Friday  
10:00 am to 5:00 pm  
Saturday  
10:00 am to 4:00pm



### Women's Center of Montgomery County

#### Elkins Park Office

215-635-7344

FAX: 215-635-7347

Thrift Shop: 215-885-0651

#### Norristown Office

610-279-1548

FAX: 610-279-7740

#### Pottstown Office

610-970-7363

FAX: 610-970-0705

#### Bryn Mawr Office

610-525-1427

FAX: 610-525-1429

#### Colmar Office

215-996-0721

FAX: 215-996-0725

[www.wcmontco.org](http://www.wcmontco.org)

**1-800-773-  
2424**

## ***DATED MATERIAL***

Women's Center of Montgomery County  
8080 Old York Road, Suite 200  
Elkins Park, PA 19027

ADDRESS SERVICE REQUESTED



United Way  
of Southeastern Pennsylvania  
Community Partner